



Monthly Slow Living Planner

Month: _____

WHAT I WANT MORE OF

WHAT I WANT LESS OF

SOMETHING I WANT TO MAKE

ONE THING I WANT TO SIMPLIFY

THIS MONTH I WANT TO ENJOY

SOMETHING I WANT TO NOTICE

SEASONAL THINGS I WANT TO DO

☐ _____

☐ _____

☐ _____

☐ _____

A SMALL RITUAL FOR THIS MONTH

